

Today's Take-Aways

COVID-19 – Regional Updates

- We have received further updates and clarification with regards to Directive 2 from Ontario Health pertaining to the ramp up of services in the hospital sector. Currently, as part of a four-phase approach, Phase 1 allows for the ramp up of non-urgent activity in Diagnostic Imaging. Clinic appointments are also on target to ramp up by February 14th so long as the need for staff redeployment to acute areas has decreased. The ramp up of surgical services will also take place in a phased approach and will be based on several deciding factors including bed capacity and human resources. The process and timing will be regionally aligned.

- There have been no further orders at this time to move patients from hospitals into long-term care settings.

- Renfrew County hospitals have been experiencing a high level of over-capacity issues. Thankfully the collaboration amongst the group has been very good and everyone is reaching out to assist where required. We are grateful for the assistance we have received.

- A communications glitch between Renfrew County EMS and their dispatch service resulted in a temporary period of bypass for our hospital in the past 24 hours. This process error has since been rectified.

- We are still awaiting a regional rollout plan for the new medications designed to treat some of the more moderately ill COVID-positive patients.

- We are anticipating the receipt of more updated guidance on a variety of COVID-related topics. This information and any impacts will be shared as required.

Critical Care

- Thankfully, the number of COVID-positive patients requiring critical care in the province is trending down. It is hoped that this continued trend will enable services to ramp back up assuming the availability of health care human resources.

Infection Prevention and Control and Occupational Health and Safety

- Given the lack of further transmission of COVID-19, we are hoping to be out of outbreak on our Surgical floor early next week.

- A lot of questions have been raised around travel and whether a person should go on their planned trip. The current advisory from the Public Health Agency of Canada states that travellers, regardless of their vaccination status, should avoid non-essential international travel.

Those who do travel may face challenges while away or upon return:

- Local authorities abroad may impose control measures suddenly, including movement restrictions such as lockdowns.

Today's Take-Aways Continued

- In some countries, you may have limited access to timely and appropriate health care should you become ill.

- Return flights may be cancelled.

- If you test positive while away, you may have to remain abroad for an indeterminate period.

- Border Services may select you for random testing upon return to Canada and you may be required to isolate while awaiting results. Even if you are fully vaccinated and asymptomatic, if Border Services requires you to isolate, we are unable to override their requirement and bring you back under work self-isolation.

If you decide to travel, make sure you have discussed your contingency plan with your manager and anticipate requiring the need to take additional holidays for quarantine when you return.

• When someone tests positive or there is an outbreak, contact tracing will take place. A positive person will be asked who they have had contact with and what the circumstances were and Occ Health will then contact those identified when required. You will not be contacted if it is determined that:

- There was no breach in PPE

- That distance was maintained at 6'

- Or that the contact was less than 15 min.

In outbreak situations, we will proactively test a number of staff for point prevalence surveillance. The intent is not to capture everyone but to get a good representation of staff. A "blast notification" may also be sent out to affected parties to make them aware. Staff should be monitoring their emails for these notifications and if there is a concern that exposure may have happened the employee should contact Occ Health at extension 8200 for follow up.

• Currently we have approximately 600 health care workers who have self-identified that they have received the third dose of the COVID-19 vaccine. Everyone who has received the third dose is encouraged to submit their paperwork providing proof of this to Occ Health as soon as possible. Additionally, 80 staff have indicated their willingness to receive the third dose so these staff will be contacted in the coming days regarding an onsite vaccination clinic.

Departmental Updates:

Diagnostic Imaging

• Replacement of our SPEC CT modality is underway. It should be noted that this service will be unavailable until mid-March so contingency plans for those requiring this form of imaging have been put in place and communicated.

Miscellaneous

• Please note that staff who order personal meals from local food delivery services such as Valley Eats are responsible for tracking the delivery and making arrangements to ensure it is picked up from the assigned delivery entrance. Our screeners are not responsible for tracking down staff and providing notification when their personal deliveries have arrived.

Mental Health Resources Are Available

We recognize that this situation and the increased community transmission of the Omicron variant may impact your mental health and we encourage everyone to seek appropriate support as required.

This includes accessing our Employee Assistance Program (EAP) at 1-866-833-7690 or calling the Mental Health Crisis Line at 1-866-996-0991.



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PRH Auxiliary Provides Coffee Break Snacks To Vaccination Clinic Team

A special THANK YOU to the PRH Auxiliary for providing an assortment of coffee break snacks for the COVID-19 Vaccination Clinic Team on January 29th.

Also thanks to Julie Lapenskie for providing funds to purchase Tim Hortons coffee and hot chocolate for the team running clinics on January 29th and January 31st.



GRATITUDE

- The Diabetes and Vascular Health team would like to welcome **Holly Landry**, our new dietician who just started this week. Welcome aboard!
- Huge kudos to **Kateri Crozier (RA)** and **Rachel Recoskie (RPN)** for helping out on Rehab recently when our LD RN had to be sent home and the team was short and struggling! They both really are making a difference out there. Rachel jumped in to swab the potential exposures and Kateri did whatever she could to help out, answer bells, transfers or anything else. Exemplary teamwork!
- We would like to celebrate **Brianne in the ICU** for the exceptional care of a vented COVID patient. The family was very grateful for her kindness and knowledge.

Catch the Ace
PROGRESSIVE LOTTERY

Congratulations
WEEK #28 WINNER
Allison Neilson-Sewell
\$5,666
TICKET #BB-4407092
Card #52
Revealed: Queen of Diamonds
www.prhcatchtheace.ca

Next weeks ESTIMATED Jackpot,
if the Ace is caught is over: **\$120,000!**





PRH Staff Association Treat Day

Featuring A Package Of Three Cookies. One Of Each Flavour -
Salted Caramel Butterscotch/Chocolate Chip/Oatmeal Raisin

Distribution Details:

Thursday, Feb. 10, 11:30 a.m. - 1 p.m.
In The Lunch Box, Tower A, 2nd Floor

NEW PROCESS NOTIFICATION:

In order to ensure we order just the right amount of treats,
EVERYONE (groups and individuals) MUST now pre-order.
Our February pre-order deadline will be Friday, February 4th at 12 noon.
Please email pre-orders to carolyn.levesque@prh.email.

PLEASE NOTE:

1. Pre-orders must be picked up between 11:30 a.m. and 1 p.m. February 10th.
2. We are making Treat Day pre-orders mandatory so that we order just the right amount of treats and don't run out or over-order.
3. Groups are responsible for ensuring staff on their lists:
 - are active members of the Staff Association in their department
 - wish to receive this month's treat
 - receive their items after pickup



**As A Token Of Appreciation
For All That You Do
We're Expressing Our Thanks With A
Valentine's Day Cupcake For You!**

Monday, February 14th

Individually packaged cupcakes -
one for each staff member/physician working all shifts
on February 14th will be packaged for pickup by
department or position based on numbers from HR.



Treats Made By...



Cupcake distribution will take place in
The Lunch Box (2nd Floor, Tower A),
between 11:30 a.m. and 1 p.m. on Monday, February 14th.
Please send a department representative to pick up for
your group or if you aren't attached to a department you
can pick up individually.
Physician pickup will be in the Medical Affairs office.

Guardian Angels

Teena Nagora

"Thank you so much for going above and beyond, staying after hours to help my dad with his pain following bladder surgery. Despite his terrible ordeal he came home with nothing but wonderful things to say about the caring nurses who took care of him, thank you for all you do!"



Pembroke Regional Hospital Foundation  Fondation de l'Hôpital Régional de Pembroke



Current Facts and Figures

- **Renfrew County:** 272 active cases, 21 deaths
- **Ottawa:** 2,293 active cases, 700 deaths
- **Ontario:** 39,656 active cases, 11,651 deaths

Foundation News

Pembroke Regional Hospital Foundation  Fondation de l'Hôpital Régional de Pembroke

An advertisement for "Catch the Ace" tickets. It features a background image of a snowy forest. In the top left corner, there is a logo for "Catch the Ace" with a playing card. The text "ESTIMATED JACKPOT" is written in small letters above a large, bold, green "\$120,000". At the bottom, the website "WWW.PRHCATCHTHEACE.CA" is displayed.

Catch the Ace tickets are on sale at the Mural Café on Mondays, Tuesdays, Thursdays and Fridays from 9:30am until 2pm. Thank you to our volunteers who make this possible. You can also visit www.prhcatchtheace.ca to purchase your tickets. Proceeds support our *Cancer Care Campaign*.

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**HAPPENING
MARCH 3RD**



WWW.PRHFUNDATION.COM

We know you're busy, but we need your help!

It's as simple as 1-2-3:

1. Make your list of those you think would like to support you.
2. Send the PRH QR Code in the photo to your list.
3. Accept our *Thank You* for helping out.